

# SAFETY CLIPS

## Vehicle Inspection

**Items to inspect:** ( ✓ = okay x = correction needed)

- |                                |                                 |
|--------------------------------|---------------------------------|
| ( ) Head Lights                | ( ) Backup Lights               |
| ( ) Stop Lights                | ( ) Turn Signals                |
| ( ) Brake Lights               | ( ) Emergency Flashers          |
| ( ) Horn                       | ( ) Windshield Wipers & Washer  |
| ( ) Spare Tire/Tools           | ( ) Current Registration & Tag  |
| ( ) Current Proof of Insurance | ( ) Tire Wear/Pressure          |
| ( ) Steering                   | ( ) Brakes                      |
| ( ) Parking Brake              | ( ) Seat Belts                  |
| ( ) Drivers License Current    | ( ) Maintenance Records Current |

**Unsafe activity to watch for:**

- ( ) Not using seatbelts
- ( ) Following traffic too closely
- ( ) Riders in truck/pickup bed
- ( ) Driving truck with unsecured/unstable loads
- ( ) Speeding in work zone/area
- ( ) Multi-tasking while operating vehicle
- ( ) Jumping off of truck/pickup bed
- ( ) Engine running on unattended vehicle
- ( ) Turning on steep incline (rollover)
- ( ) Entering & exiting vehicle while refueling
- ( ) Driving angry, stressed or fatigued
- ( ) Backing up blind w/o spotter
- ( ) Driving while under the influence of drugs or alcohol
- ( ) Disregarding environmental hazards (fog, traffic, rain, rough terrain, etc.) by driving too fast
- ( ) Use of cell phones while driving

**Other safety issues noted:**

**Corrective Actions Taken:**

**Inspector:** \_\_\_\_\_ **Date:** \_\_\_\_\_



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## Defensive (Professional) Driving Techniques

- Service and inspect vehicle regularly
  - Wear your seat belt
  - Concentrate on driving vehicle at all times
  - Avoid multi-tasking while operating a vehicle
  - Keep a 360 degree escape path/safety buffer zone on the freeway
  - Slow down when conditions dictate
  - Avoid aggressive drivers (get out of their way)
  - Use headlights (be seen)
  - Remember, driving is not a competition – get from point 'A' to point 'B' safely
  - Do not drive while taking prescription drugs that make you drowsy
  - Anticipate what the other drivers are going to do
  - Always be courteous, even to unprofessional type drivers
  - Avoid road hypnosis by taking breaks during long drives
- Do not use cell phone while driving.

### Post Training Questions:

Why is it important to maintain your vehicle?  
How should you treat aggressive drivers?  
What is a safe distance to follow traffic?  
What is the safety way to use a cell phone while driving?  
What type of work related accident has the highest death rate?

### Safety Recommendations by Employees:

### Employees in Attendance:

_____	_____
_____	_____
_____	_____
_____	_____
_____	_____

Instructor name: \_\_\_\_\_ Date: \_\_\_\_\_

**Note:** This material represents additional resource information for periodic site inspections and employee safety training. It is not intended to meet all mandated compliance issues.



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